



Non-Negotiables

PURE INTIMACY

 @anthonyandshannen

Create your own version of “BUBBLE TIME,”
a **safe place** where you can step away from your day. It’s where you and your spouse can “reset” and “reconnect” daily.

What does the Bible have to say about sex?

- It is a binding covenant that is physical, emotional and spiritual.
(Genesis 2:24)
- Sex is designed for a husband and wife
within their marriage.
(Genesis 1:27 and Hebrews 13:4)
- Sex is good.
(Genesis 1:31)
- Sex is meant for procreation and pleasure.
(Genesis 1:28, Proverbs 5:18–19, 1 Corinthians 7:3
and Song of Solomon 7:1–3 and 6)

Pure intimacy is about experiencing trust, transparency
and vulnerability.



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Ways to Create Pure Intimacy

- Pray.
- Make sex a priority.
- Creating pure intimacy starts when you wake up in the morning.
- Pursue your spouse in other ways, not just sexually.
- Have regular conversations about your sex life.
- Reassure your spouse that they are not just your number one, they are your only one! They are your head turn!
- Do not allow anything from the outside into your marriage.
- Be creative.
- Have fun.

“SEX IN MARRIAGE WAS CREATED FOR SO MUCH MORE THAN JUST PHYSICAL PLEASURE. IT ALLOWS YOUR BODIES AND EMOTIONS TO TALK, CONNECT AND RECONNECT ON A REGULAR BASIS.”
-TREY & LEA MORGAN



SCAN ME 